

Burnside Nursery Supporting Maternity Service Excellence



In the Burnside Hospital Nursery L-R: Karen Briggs (Clinical Midwife); Kim Parker-Gray (Clinical Manager); Dr Thu Kent (Paediatrician); Suzanne Murray (Director Clinical Operations), Paediatricians Dr Brian Conway, Dr Ross Haslam, Dr Kavita Rasiah and Dr Richard Power (Paediatrician and Honorary Director of the Nursery)

With around 1,000 births at Burnside Hospital each year, our special care nursery is an essential service for the Maternity Unit. For the patients, leading Obstetricians and Paediatricians that visit Burnside Hospital, it is a great comfort to know that excellent neonatal care is available onsite at all times.

Burnside Hospital is committed to continued improvement for South Australian babies and recently invested in a new jaundice meter for the Nursery. This non-invasive meter is applied to the baby's skin to accurately measure bilirubin levels, meaning significantly fewer invasive laboratory tests for neonates with results available to Paediatricians instantly. Dr's Thu Kent and Ross Haslam had approached the Hospital's Perinatal

Committee to propose and advocate for the purchase of the meter.

Sixty percent of full term babies may experience jaundice in the first week of life. Newborns are constantly making new red blood cells with the old cells breaking down. Bilirubin, a waste product from the old blood cells is normally processed by the liver and deposited in the body's waste.

However, some babies make bilirubin faster and it can take a few days for a baby's liver to become efficient at processing bilirubin.

Whilst in most cases the amount of jaundice a baby may have is not harmful, at very high levels it can cause damage to the brain and hearing.

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The Board of the Burnside Hospital and Executive team have been focused on our strategic goals and participated in an 'Envisioning Day' in late October with consultants from Pricewaterhouse Coopers and FULLER Brand + Communication Agency. It was highly beneficial in considering further, key strategic objectives including clinical service lines, marketing and communication and the master building plan at Burnside. These objectives are imbedded in the current strategic plan and decisions pertaining to them remain integral in driving and supporting our not for profit business and further improving the service we offer you and your patients. A key outcome following advice from a range of key stakeholders including senior clinicians was that an ICU will not be established in the foreseeable future given our current and future proposed casemix is well supported by our existing High Dependency Unit and the on call intensivist service.

Also of note, the Burnside Council (proprietors of the land on which the Hospital is situated) has approved the modernisation of the Hospital constitution. One of the changes relates to membership with the appointment of a prescribed number of Elected Council members as Directors of the Hospital Board no longer required. At the end of October, we farewelled our three Councillors, Jane Davey, Henry Davis and Mark Osterstock and thanked them for their contribution. We are now in the process of implementing one of the key recommendations from a Board Evaluation - the appointment of new Directors with knowledge and skills in key domain areas identified as information communication

technology, marketing and communication, and property construction/management. The recruitment and selection process has commenced and we aim to appoint and induct early in 2019.

In this issue, we celebrate the 20th anniversary of the Breast Centre and Burnside Hospital partnership and its continuation with a new group of clinicians at the helm, our most recent accreditation performance and overview the specialist neonatology and midwifery care available to newborns at Burnside.

I was very pleased recently to read some feedback from a patient who wrote... I found your hospital was exceptional in every way... with this in mind and the year drawing to a

close, on behalf of the Board and Executive team, I offer our sincere gratitude for your ongoing support of Burnside Hospital - it's the people: our staff, our visiting practitioners and the volunteers, who make all the difference to the quality of the care and service we continue to provide to our patients and their families.

I wish you a joyous festive season and look forward to working with you again in 2019.

HEATHER MESSENGER
Chief Executive Officer

“Burnside special nursery care has state of the art equipment, a friendly atmosphere, skilled neonatal midwives and the highest number of accredited paediatricians available to urgently attend of any private maternity hospital in South Australia, and an emergency after hours roster ensuring a quick and ready response for neonatal emergencies.”

Dr Brian Conway, Paediatrician.

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Early detection using the Jaundice Meter means newborns can be treated in a timely manner (usually with phototherapy), as the non-invasive meter allows early tracking of emerging jaundice approaching treatment level without upsetting the babies and mothers.

Our Special Care Nursery is located on the ground floor, alongside the birthing suites and patient rooms in order for it to be accessible for neonatal specialists and close by for new parents.

The Burnside Special Care Nursery is classified as a level 4 perinatal facility, which specifies the standard of facilities, medical workforce availability, diagnostic and support services, and complexity of care available.



Foundation success in raising funds for Fluoroscan

Burnside Hospital Foundation’s recent Tax appeal and October newsletter has seen much success in raising funds for our foot and ankle patients. To date both appeals have raised over \$60,000 to purchase a second Fluoroscan X-Ray machine for foot and ankle surgery. The Foundation would like to thank all our generous supporters “from the bottom of our hearts and the balls of our feet” for their very generous support.

New surgical techniques for painful foot and ankle conditions have evolved over the last decade and often involve performing bone cuts and inserting screws through “keyhole” incisions under X-ray guidance.

This new Fluoroscan machine will enable our surgeons to safely take the required X-rays to do this, without the need for long incisions and scars.

Dr Ben Beamond generously gave up his time to support the appeal with one of his patients generously sharing their story with the Foundation.

Above L-R: John Gerard, Foundation Committee Chair; Heather Messenger, CEO; Martin Carolan Foundation Manager; Dr Ben Beamond, Foot and Ankle Orthopaedic Surgeon.

Celebrating 20 Years of Breast Care



Burnside Hospital celebrated the 20-year partnership with the Breast and Endocrine Centre in October with a birthday party for the multidisciplinary team at Attunga House.

The anniversary also celebrates a new era of breast care as the two founding doctors, Dr's Clive Hoffmann and Stephen Birrell, welcomed the Directorship of three new Breast and Endocrine surgeons, Dr Subhita Prasannan, Dr Peter Shin and Dr Andrew Kiu.

The Breast and Endocrine Centre was originally established at Attunga House in partnership with the Burnside Hospital in October 1998.

The Breast Centre team now consists of the two founding surgeons, the three new surgeons, a breast clinician, a clinical psychiatrist, three Burnside Hospital breast care nurses and four supporting administrative staff. In addition, there is a multi-disciplinary team consisting of breast specialist radiologists and pathologists, medical and radiation oncologists and plastic and reconstructive surgeons who meet on a weekly basis to provide expert input into the clinical management of each patient with breast cancer.

The continuity of care model has flourished and today, some 8000 patients per year continue to receive care and support at the Breast and Endocrine Centre, with approximately 600 breast related surgical procedures being conducted at Burnside Hospital in the last year, including breast reconstructions.

All five specialist are trained as general surgeons and provide these services to patients. In addition, the Breast Centre Specialists are available to assess and treat patients with endocrine problems such as thyroid, parathyroid and adrenal conditions.

It is remarkable to consider the extent of the care that Dr's Hoffmann and Birrell have provided to the SA community at Burnside Hospital over 20 years and this is a legacy of which my colleagues and I are extremely proud. It is our duty and privilege to continue such a high calibre of care and to provide leading-edge clinical practice to a new generation of men and women into the future.

Dr Peter Shin, Co-Director of the Breast and Endocrine Centre

Above L - R: Dr Peter Shin, Breast/Oncoplastic and Endocrine surgeon; Suzanne Murray, Director Clinical Operations; Heather Messenger, CEO; Dr Stephen Birrell, Breast Surgeon; Dr Subhita Prasannan, Breast Surgeon; Dr Clive Hoffmann, Breast Surgeon; Jane Marsh, Breast Care Nurse and Clinical Manager of Oncology and Dr Andrew Kiu, Breast Surgeon

breastclinic.com.au
08 8331 3662



L - R: Jak Thompson, Oncology Clinical Nurse; Michelle Donaldson, Breast Care Nurse; Jane Marsh, Clinical Manager Oncology and Breast Care Nurse, Chris Mundy, Breast Care Nurse

Burnside Hospital's 33-year accreditation continues following organisation-wide survey



L – R Members of the Quality Committee accept the certificate: Cr Jane Davey and Alison Fitzgerald, Burnside Hospital Board Members with Jeannette Nicholson, Safety and Quality Coordinator; Dr Christine Dennis, CEO of ACHS; Heather Messenger, CEO; Suzanne Murray, Director Clinical Operations; Jay Holdsworth, ICT Manager.
Absent: Larry Opie, Chair of the Quality Committee and Dep. Chair of the Board

Burnside Hospital has been awarded another four years accreditation certification following an organisation-wide survey by Australian Council on Healthcare Standards (ACHS), a leading independent authority on health care. The hospital has held continuous ACHS accreditation since 1985 and the most recent survey shows all 15 EquipNational Safety and Quality Health Service Standards have again been met. In addition, we were delighted that four of the governance standards were awarded 'met with merit'.

Three visiting accreditors from the ACHS surveyed the community not for profit private hospital over three days, evaluating performance, procedures and activity against the EquipNational Safety and Quality Health Service Standards (view the 15 standards here).

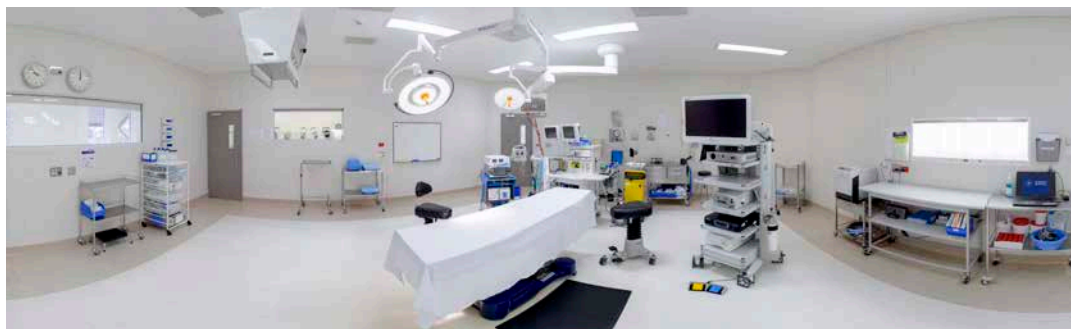
Dr Christine Dennis, CEO of the Australian Council on Healthcare Standards personally presented the Burnside team with the accreditation certificate during a morning tea for staff and commented on the August opinion piece from Dr Stephen Duckett, Grattan Institute, questioning the value of accreditation process:

Being surveyed by independent, experienced and well-trained assessors, provides valuable feedback about how Burnside War Memorial Hospital complies with rigorous, evidence-based standards and ensures that the infrastructure, medical, nursing and support staff are in place; that there are policies and procedures to guide care and, systems exist to monitor outcomes. Accreditation demonstrates a commitment to continuous improvement and standards of care that every person using our health system should expect as a minimum.

*Dr Christine Dennis
CEO, Australian Standards on Healthcare Council*

CEO of Burnside, Heather Messenger says the team at Burnside 'recognises that improvement is a never-ending task rather than about managing an event for periodic certification. The Burnside team's focus on meeting changing consumer expectations and providing excellence in patient care has again served the organisation well.'

Theatre Refurbishment



Theatre one at Burnside has come up shining following a complete refurbishment earlier this year. Over the upcoming Christmas and New Year period, the maintenance team have scheduled theatre four for the same treatment, with the other three theatres to follow in due course.

Robotic Accreditation for Dr Andrew Morris

Dr Andrew Morris (pictured) recently gained certification to perform robotic-assisted knee replacement surgery at Burnside Hospital.

Whilst Dr Morris has been an orthopaedic surgeon for many years, we are pleased he has joined his fellow Adelaide Hip and Knee Centre specialists in utilising Burnside's state-of-the-art MAKOplasty® Robotic

Assisted Joint Replacement Program. This technology enables surgeons to offer robotic total hip replacement and robotic total and partial knee replacement to patients.

AHKC and Burnside Hospital celebrated the 600th robotic-assisted joint replacement in September 2018.

ahkc.com.au
drandrewmorris.com.au



Podiatrist Seminar at Burnside

Dr George Dracopoulos of Orthopaedics SA facilitated a podiatrist education session at Burnside Hospital in November focusing on keyhole bunion surgery and other recent advances in foot surgery.



35 podiatrists attended the session, covering the evolution of bunion surgery and the surgical process of keyhole bunion surgery from diagnosis to recovery through a series of case studies. Keyhole plantar fascia release and the use of Cartiva in degenerative arthritis patients was also discussed.

For information about further sessions, please contact Dr Dracopoulos' practice via orthosa.com.au or 8267 8211.

Specialist List

Our up to date specialist list is enclosed in this Bulletin for you to keep and refer. Please contact us if you require more copies or find the pdf version on our website under 'Find a Specialist'. Each specialist has a profile on our website.

E-News from Burnside

Did you know we can send you this Bulletin more efficiently via our e-news functionality?

Please let us know if you prefer to save our not-for-profit community hospital's resources by emailing Olivia Harvey, Communications and Marketing Coordinator at oharvey@burnsidehospital.asn.au.

Welcome to Burnside

DR SARAH CASH



Gynaecologist
BMed Sci MBBS Franzcog

Dr Sarah Cash is originally from Queensland but was motivated to move to Adelaide for the reputation it holds for training the best Obstetricians and Gynaecologists. After moving here, she has made a home, not only to complete her O&G training, but because the people and surrounds of Adelaide charmed her so much she couldn't possibly leave.

Dr Cash has completed training across Adelaide metropolitan hospitals, with a rotation to Darwin and some country work in all sorts of interesting places.

Dr Cash has a broad depth of training and experience in Gynaecology including vaginal surgery and laparoscopic surgery. She was privileged to work with Dr Prabhath Wagarrachchi for advanced laparoscopic skills and has greatly benefited from the mentorship of Dr Graham Hamdorf for vaginal surgical skills.

She will provide Dr Hamdorf's patients continuity of care after his transition to retirement; a bittersweet privilege for Sarah. When Sarah finds some spare time she enjoys tending to her garden, and keeping her chickens from the vegetable patch.

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Dr Cash also consults as an Obstetrician in the public sector.

The accuracy of each profile published above is the sole responsibility of the visiting specialist. For a full list of all visiting specialists and allied health professionals consulting on site and/or regularly operating at or practising at Burnside, go to burnsidehospital.asn.au/patients/doctors

DR KAVITA RASIAH



Paediatrician
MBBS MRCPH FRACP

Dr Rasiah is both a Specialist Paediatrician and an Infectious Diseases Specialist. She welcomes the full and diverse spectrum of paediatric medical and developmental problems and enjoys seeing young people of all ages, from newborn to adolescent.

Dr Rasiah's particular interests include

- » paediatric infectious diseases
- » neonatal medicine
- » developmental and behavioural paediatrics

She trained for her Fellowship in General Paediatrics and Infectious Diseases with the Adelaide Women's and Children's Hospital and was admitted in to the Royal Australasian College of Physicians, Paediatric Division, in 2012.

Before moving to Adelaide with her young family, she attained her initial Fellowship in the UK's MRCPCH (Member of the Royal College of Paediatrics at Child Health) following training in the UK and some initial training in India.

Dr Rasiah is able to consult fluently in English as well as various Indian languages including Hindi, Tamil and Malayalam.

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DR ANDREW FON



Respiratory / Sleep Specialist
MBBS FRACP

Dr Andrew Fon graduated from the University of Adelaide, School of Medicine in 2006, and is a Fellow of the Royal Australasian College of Physicians in Respiratory and Sleep Medicine.

Dr Fon has a particular interest in respiratory and exercise physiology, obstructive lung disorders, and sleep medicine. He has trained at the RAH and Lyell McEwin and holds consultant positions with the Departments of Thoracic Medicine and General Medicine, RAH.

Dr Fon is a PhD candidate at the University of Adelaide, researching the physiological changes following lung volume reduction therapies for emphysema. He has undertaken further educational secondments at the Australian Institute of Sport and at the Harbor-UCLA Medical Centre in Los Angeles and is also involved as a senior clinical consultant in research at the UniSA, School of Physiotherapy.

Dr Fon holds a Senior Clinical Lecturer position at the University of Adelaide. He has been recognised for his enthusiasm with several teaching awards, and continues to teach and examine in the School of Medicine. He is active in the further education of colleagues of other disciplines, including General Practitioners, Physicians and Allied Health Practitioners.

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Medibank Patient Experience Survey

Medibank have now introduced 'published patient experience data' as part of their services to consumers, including Burnside Hospital. Our first quarterly performance report is now available on the Medibank website and shows patient experience results based on survey responses from 67 Medibank members who were inpatients between 1 July 2017 and 30 June 2018.

Each hospital's performance is compared to similar sized hospitals and with an overall experience of 9 out of 10, the results showed that we 'performed better than similar sized hospitals for overall experience' - a very pleasing result for the team at Burnside Hospital.



Communication and engagement

	Below	Similar	Above
Doctors: qualities such as courtesy, respect and communication		★	
Nurses: qualities such as courtesy, communication and responsiveness			★
Medicine: communications about prescribed medication and possible side effects			★

Hospital environment

	Below	Similar	Above
Quietness: noise levels around their room at night		★	
Cleanliness: including their room and bathroom		★	

Care in hospital

	Below	Similar	Above
Pain experience: pain management experience and responsiveness of staff			★
Staff attentiveness: including help using the bathroom			★

Going home

	Below	Similar	Above
After hospital information: staff's understanding of preferences and communication on health management and medications			★
Discharge information: staff's enquiry about post-hospital care arrangements and information on symptoms or problems to look for post-hospital			★

ABOUT THIS PUBLICATION

We welcome your feedback
Do you have a story idea, comment or suggestion?

If so, please direct these to:

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Thank you for your cooperation in conserving our precious resources.

Burnside Bulletin

Burnside Bulletin is the official newsletter of the private, not-for-profit Burnside Hospital.



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Chief Executive Officer

Ms Heather Messenger

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