



Left to right: Specialist General Surgeon Mr Philip Game, Burnside Hospital CEO Heather Messenger, Clinical Nurse Jacqui Gillis and Specialist Anaesthetist Dr Chris Higham.

## Short Stay Procedure Unit Redevelopment Results

**Burnside Hospital's redevelopment of the day surgery environment is now complete! This exciting project has enabled the hospital to deliver premier pre and post-operative day surgery facilities, and is the largest redevelopment at the hospital since 2002.**

The new Short Stay Procedure Unit has updated and expanded the day surgery facilities and responds to the expectations of our patients, doctors, staff and visitors. It allows us to deliver new day surgery facilities that will set the benchmark in the patient pre-operative experience. With greater space and ambience, new patient amenities improve not only comfort and privacy, but have an impact on how patients fill their time waiting for their

procedure, in line with modern expectations and requirements.

### Key features of the redevelopment are:

- » A large pre-operative waiting area, providing improved patient privacy and comfort
- » A larger contemporary post-operative environment in the patient recovery area
- » Four pre-anaesthetic consulting rooms located within the suite

- » A post-operative consulting room enabling private conversations to be held with patients and their families
- » The ability to better meet the special health needs of selected patients
- » Complimentary wifi enabling patients to use their smart devices or laptops while waiting for surgery

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View the video of our new day surgery on our website [burnsidehospital.asn.au](http://burnsidehospital.asn.au)

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**It's been a very productive first half of 2017 here at Burnside Hospital and I'm pleased to announce a number of major redevelopment projects that support the strategic goals and vision of the hospital.**

Firstly, the redeveloped day surgery environment on level 1 of the hospital was completed in March 2017 and has since proven to be a great asset from both a clinical operations and patient care perspective. A full report on the day surgery features and objectives is over the page, but our feedback from patients and medical practitioners is consistently complimentary. Please visit our website to view a new video of the redeveloped space and what this has delivered to patients, staff and medical specialists.

The Brian Fricker Oncology Centre refurbishment was also completed in July and features on the back page of this Bulletin.

In addition to these refurbishments, construction on a generator replacement project has now begun with an anticipated completion in November. Refer to page 5 for more details.

In other Hospital news, we have hosted six patient information sessions on robot-assisted joint replacement

surgery through June, July and August with many prospective patients interested to learn more about the option and the value of this surgery. When the Hospital introduces the robotic total knee arthroplasty module later in the year we will be the only hospital in South Australia to offer this.

The hospital achieved a favourable result coming in ahead of budget in this financial year. Whilst activity was less than expected, casemix changes influenced the results and enabled the Hospital to continue to invest in clinical technology and built facilities. The advancement of our casemix did however put pressure on our costs, in particular medical and surgical supply costs, which is currently the subject of a review. The Board has approved the 2018 Budget, forecasting an improvement again on revenue.

There has been an important change to the Burnside Hospital Foundation with the Foundation becoming a Board committee of the Hospital, replacing the previous structure as a separately incorporated body. In recent years, an increasing amount of time has been required for administrative issues, especially those relating to federal and state charity and fundraising legislation compliance and reporting,

for both the hospital and Foundation. As the Foundation exists solely for the benefit of the Burnside War Memorial Hospital, the structural review examined various options for streamlining and reducing complexity and double handling of administrative functions. After much consideration of the alternative legal structures available to comply with taxation legislation, the Board Foundation Inc, in collaboration with the hospital's Board of Directors, decided to merge the Foundation back into the hospital. This means that the Foundation is becoming a special committee reporting to the Hospital's Board of Directors, tasked with fundraising for the benefit of the hospital and its patients. By simplifying the Foundation's structure in this way, we consider that the Foundation will be able to focus even more of their effort on fundraising and giving support to the Hospital!

I thank you and your staff for your continued support of the Burnside Hospital and welcome your feedback about any matters.

A handwritten signature in black ink, appearing to read 'Heather Messenger'.

**HEATHER MESSENGER**  
Chief Executive Officer



The pre-operative waiting area provides an improved ambience in a spacious waiting area, with natural light and views over heritage-listed Attunga Gardens that meets the needs and expectations of privately insured patients now and into the future.

### Patient Feedback June 2017:

- » My afternoon in the brilliant day surgery – all those waiting in our private armchairs peacefully relaxed with the most lovely garden to admire. It made me almost wish I was spending longer there.
- » The new waiting room is fantastic, very private and comfortable... so much nicer than when I was here two years ago!
- » Lovely surroundings
- » Excellent facilities
- » Clean modern and comfortable
- » Good flow from one stage to the next
- » Love the new waiting area!
- » From admission, through to waiting and theatre, then recovery. Everything was smooth and timely.

Waiting for surgery can be an anxious time and Burnside Hospital has been able to allay some of that anxiety with a private club lounge environment that evokes peaceful reflection. Patients can now choose how they spend their waiting time – gazing at the heritage-listed Attunga Gardens, private reading areas and computer nooks all add to the ambience and enhance the patient experience. Our recent patient feedback would suggest we have certainly achieved our aim.

Heather Messenger, CEO

The community have been an active participant in the redevelopment with consumer input in the design and planning stages. The Burnside Hospital Foundation, has provided the eight recliner chairs in the post-operative space through fundraising:

Our loyal community has supported the hospital through multiple appeals to support the development of the hospital. The Board and Management of Burnside War Memorial Hospital are amazingly appreciative to witness the opening of, what we consider to be, the new benchmark in same day of surgery facilities nationally. Burnside Hospital has been inspired to make this investment in recognition of the significant advances in technology and surgical procedures that allow patients to be treated in a single day visit.

Mr Frank Kite,  
Chairman, Burnside Hospital  
Board of Directors



Suzanna Day, Clinical Nurse - Day Surgery, at the entrance of the new Short Stay Procedure Unit.



Left to right: Specialist Anaesthetist Dr Chris Higham, Specialist General Surgeon Mr Philip Game in the 'pods'.

# Launch of Total Knee Replacement application on MAKO Robot

In mid October 2017, Burnside Hospital will be adding total knee replacement surgery to the list of orthopaedic surgical procedures able to be performed by surgeons at the hospital using the robotic-assisted system.

Burnside Hospital will be the only hospital in South Australia to offer patients the option of a total knee replacement using the MAKO robotic-assisted orthopaedic surgery system.

It will complement the other robotic-assisted procedures currently being offered: total hip replacement and uni-compartmental, or partial knee replacements. Burnside Hospital acquired the state-of-the-art MAKOplasty® Robotic-Assisted Joint Replacement system in December 2015.

Currently, the hospital has three surgeons specifically trained in the use of the MAKO Robot: Drs Robert Baird, Dr Rob Fassina and Dr Justin Munt.



Left to right: Dr Robert Baird, Dr Rob Fassina and Dr Justin Munt.

Patients are becoming more aware of the option of robotic-assisted surgery with patient information sessions being conducted by the hospital in June, July and August to meet this demand.

The hospital's acquisition of this innovative technology with the upcoming addition of the new total knee platform continues to enable us to elevate our successful orthopaedic program.

A snapshot of their collated feedback garnered post-discharge by Discharge Planner, Ms Marie Howard, in the past year is listed.

**To date, over 250 patients have had orthopaedic robotic-assisted procedures at Burnside Hospital.**

**90%**  
of those surveyed stated their pain had improved significantly.

**80%**  
felt the procedure had improved their quality of life.

**80%**  
felt the surgery had met their expectations.

**100%**  
of the patients were happy with the overall hospital experience at Burnside with resoundingly positive feedback.

**90%**  
of the patients would recommend this surgical procedure to their family and friends.

## Farewell Dr Teague

Orthopaedic surgeon, Dr Daryl Teague, has retired from surgical practice on 18 August. Dr Teague had been a visiting surgeon at Burnside Hospital since 1986 and has

been an active participant in the Hospital Clinical Governance for many years as Chair of the Operating Committee and Member of the Patient Care Committee.

The Hospital hosted an afternoon tea with many staff in attendance to thank him for his long association over the years.

*In the countless episodes of patient care at Burnside Hospital over the last 30 years, I am enormously proud of the Hospital's standing and its abilities today. I have been able to care for my patients within an environment of kindness, compassion and professionalism, alongside nursing staff who truly advocate for the patient. I will miss you all.*  
Dr Daryl Teague



Dr Daryl Teague, BH Chairman Frank Kite and BH DCO Suzanne Murray celebrate with the Burnside Hospital team

# Coroners Court Reporting Change

The Burnside Hospital have been notified by the SA Coroner's Court regarding a change in the identification of deceased persons on the 'Medical Practitioners Deposition Form' that is completed in circumstances whereby a patient death must be reported to the Coroner. The amended form includes a new section which enables hospital staff to witness the visual identification of the deceased with a family member / friend without having to call a SAPOL patrol to witness this process. Reporting procedures, including medical practitioners contacting the Coroner's Court to report a death, remain unchanged.

## Sleep Centre Electronic Referral Forms



Following feedback from our referring Practitioners, the Burnside Sleep Centre has developed an electronic referral form that can be used in conjunction with the Medical Director, Best Practice or Zedmed software programs. Access the form via the Sleep Centre page at [burnsidehospital.asn.au](http://burnsidehospital.asn.au)

## Welcome Trent Batchelor

The Burnside Hospital is pleased to announce the appointment of Trent Batchelor to the position of Clinical Manager, Perioperative Service. Trent is a Registered Nurse with post-graduate qualifications and a wealth of experience as a Perioperative Services Manager in the private health industry.

Trent's most recent role was at Epworth Healthcare in Geelong where his role involved the establishment and then management of a Perioperative Service in this brand new hospital, the challenges of which have been a highlight of his career to date. Prior to this Trent was the Perioperative Services Manager at Ashford Hospital, Adelaide for six years and has also spent time as a Theatre Manager in London.

Trent has accepted the role at Burnside Hospital following the retirement of long-standing staff member Thom Rebner in June 2017 and looks forward to playing a leadership role in the hospital:

*I hold a special interest in the ongoing development and progress of staff. Building on Burnside Hospital's reputation for leadership in healthcare innovation, I am excited to now develop and grow the perioperative team even further to be able to better serve patient needs now, and into the future.*

Trent Batchelor,  
Clinical Manager,  
Perioperative Service

When he's not overseeing the theatre at Burnside or spending time with his two young children, you might be able to find Trent in the mud at one of the local obstacle races! He recently completed the True Grit Challenge in the Riverland in April and is in training for the Spartan Race at Paris Creek in September and Operation Flinders Trek in October.



## New infrastructure improvements at Burnside

TWO NEW GENERATORS will, on installation in November 2017, increase the hospital's capacity from the current 225 kVA to a total of 770 kVA. This future proofs the organisation in the event of an interruption to our mains power supply. While elective surgery is unable to proceed on emergency power, all other areas of the hospital can remain on a "business as usual" approach and our patients will be more comfortable as heating and cooling systems will continue to operate.

A NEW SWITCHBOARD AND PHONE SYSTEM throughout the hospital which replaces the previous 26-year old system. This new system is integrated with our IT networks, allows for greater PBX functionality and ensures communications for doctors, staff and patients are reliable and up to date.

Bringing our  
Strategic  
Plan to life.

# Burnside Hospital joins the Variety Bash with Mr Anthony Ciccocioppo

By Mr Anthony Ciccocioppo



In March 2017, I was fortunate to be a participant in the annual Variety SA 2017 4WD Challenge. Variety SA raises funds for South Australian kids providing all manner of help from the smallest grant or scholarship through to items as large as therapy pools and special access buses for community based disability support organisations.

Burnside Hospital, with the support of CEO, Heather Messenger and executive team were the largest sponsor for my vehicle, car 62.

In 2017 the 4WD Challenge saw approximately forty challenger vehicles and over fifteen official and support vehicles experiencing the Secret Tracks of SA snaking our way from the Southern Flinders Ranges through to the Barossa Valley over seven nights.

With the tyre pressures reduced to 25psi and swags strapped to the roof rack, our Landcruiser hit the trails of the Southern Flinders heading north from Port Pirie. As Variety 4WD Challenge 'Virgins' (standard Variety nomenclature for first timers), my navigator/co-drivers (brother and father-in-law) and I were unsure exactly what to expect. Over the first three days the tracks became increasingly difficult with some tricky, shaly and steep tracks to negotiate. Thankfully, our vehicle handled every task we threw at it without any hint of failure or panel damage! In fact, after three nights of my six feet plus frame

attempting to sleep in a swag, it was my co-drivers and I that were in desperate need of maintenance.

Nights camping at locations such as picturesque Mambray Creek, Spear Creek, Horseshoe Top End and Marrabel were broken up by a mid-week overnigher at the Clare Country Club, allowing us to

**Along with the gourmet meals, entertainment was in no short supply with visiting comedians, live music and a mechanical bull all resulting in a week where the smiles never left our faces.**

recharge, sleeping in a normal bed. In true Variety style the evenings camping could not exactly be classified as 'roughing it' with the various

catering crews supplying restaurant quality on a nightly basis. I once again thank Burnside Hospital and all the other organisations, friends and family who donated to Variety on my behalf for this event, seeing the 2017 Variety 4WD Challenge raising over \$577,000 net for SA Kids.

*BELOW TOP. Left to right: Burnside Hospital CEO Heather Messenger, General Surgeon Mr Anthony Ciccocioppo, Clinical Nurse Jacqui Gillis, Director Clinical Operations Suzanne Murray, Clinical Manager von Rieben Wards - HDU Wendy Gray.*

*BELOW BOTTOM. General Surgeon Mr Anthony Ciccocioppo (centre) with his co-drivers; brother and father-in-law.*

**Mr Anthony Ciccocioppo  
Dechert House,  
89 Payneham Road, St Peters  
Ph: (08) 8362 0887**



# Welcome to Burnside



## A/PROF MARK RICKMAN, ORTHOPAEDIC SURGEON

Mark trained in the UK, and undertook his advanced orthopaedic training in Oxford from 1999 to 2004. He undertook his fellowship at the Queen Elizabeth Hospital in Adelaide for a year focusing on the management of hip and knee arthritis, and then undertook a fellowship in Bristol, England, specialising in complex and Pelvic trauma management.

For the next 10 years Mark was a consultant at St George's Hospital in London. He had a successful private practice at the highly regarded King

Edward VII Hospital as well as working for two of the top football teams in the English Premier League.

Mark has become an expert in the management of pelvic and acetabular trauma, and chairs a number of international courses each year. Mark is also highly experienced in hip and knee joint replacement surgery - he has extensive experience of minimal incision joint surgery. He is a high volume unicompartmental knee replacement surgeon working with companies to develop improved instrumentation

and outcomes over the last five years. He also has undertaken extensive training in hip arthroscopy and hip impingement surgery, and now has 10 years of practical experience in that field.

A/Prof Rickman  
Adelaide Orthopaedic  
and Trauma Specialists  
Ph: (08) 7325 4815

Suite 3, 120 Kensington Road  
Burnside Hospital  
Toorak Gardens 5065

[aots.net.au](http://aots.net.au)

## DR VY BROADBRIDGE, ONCOLOGIST



Vy completed her Bachelor of Medicine and Bachelor of Surgery at the University of Adelaide in 2002, and completed her internship at The Queen Elizabeth Hospital. Following this she undertook physician training and advanced training in Medical Oncology at the Queen Elizabeth Hospital. In 2005 Vy spent six months at the Waterford Regional Hospital, Ireland as Senior House

Officer to gain experience and a different perspective of medical processes. Vy was admitted as a member of the FRACP in October 2012 and joined Adelaide Oncology and Haematology as an associate in December 2012 and became a partner in July 2014. Vy also holds a position as a medical Oncologist at The Queen Elizabeth Hospital and is involved in clinical research in phase 1, 2 and 3

trials with the clinical trials unit. Vy is a member of national and international Oncology societies and continues to be an active participant in student teaching, postgraduate education and clinical research. Her special areas of interest are breast, gastrointestinal, gynaecological, lung and melanoma malignancies.

[oaah.com.au](http://oaah.com.au)



## eAdmissions now available

Burnside Hospital launched our eAdmissions platform in July, allowing patients or their carer to complete their Burnside Hospital admission form entirely online, via the hospital's website: [burnsidehospital.asn.au](http://burnsidehospital.asn.au)

## In Doctors News

**Dr Chien-Wen Liew**, visiting orthopaedic surgeon, has been operating at Burnside Hospital since 2013, and has opened a new Norwood practice called **Orthopaedics 360** in purpose built premises. The practice has a focus on Total Hip Replacements performed via the Direct Anterior Approach, Total Knee Replacements performed via Patient Specific Technology and sports surgery of the hip, knee and shoulder.

[orthopaedics360.com.au](http://orthopaedics360.com.au)  
Ph: (08) 7099 0188



# Oncology Refurbishment

## ABOUT THIS PUBLICATION



The refurbishment of the Brian Fricker Oncology Centre was completed in July and provides a much brighter and more spacious treatment area for patients.

The space was previously made up of separate, smaller rooms for treatment and consulting but the Unit has now been opened up into one large room flooded beautifully with natural light. With a significant contribution from the Burnside Hospital Foundation, we've replaced the recliners with nine new adjustable and comfortable armchairs in electric blue.

### Other features of the new area include:

- ▶ Two new designated consulting offices for oncology specialists
- ▶ A new space for the specialist staff, the ward clerk and volunteers
- ▶ LED lights that enhance treatment visibility and reduce our eco footprint
- ▶ Increased capacity to better manage higher risk patients
- ▶ Improved access to patients for nursing staff

*The redevelopment enables our nursing and medical teams to deliver a more comfortable experience to patients at a time when they feel vulnerable and potentially very unwell. The open space, natural light and new treatment chairs provide a calming environment and our nurses have commented on how the patient flow and facilities have markedly improved.*

Jane Marsh,  
Clinical Manager  
Brian Fricker  
Oncology Centre



Left to right: Jane Marsh, Clinical Manager Brian Fricker Oncology Centre with Suzanne Murray, Director Clinical Operations Burnside Hospital.

### Burnside patients say:

“The new atmosphere is calm and pleasant. Aug 2017”

“The revamped Oncology ward looks great – spacious, light and airy, making a difficult experience as reassuring as possible. Aug 2017”

**We welcome your feedback**  
Do you have a story idea, comment or suggestion?

If so, please direct these to:  
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Thank you for your cooperation in conserving our precious resources.

### Burnside Bulletin

Burnside Bulletin is the official newsletter of the private, not-for-profit Burnside Hospital.



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**Chief Executive Officer**  
Ms Heather Messenger

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