

BURNSIDE HOSPITAL FOUNDATION NEWSLETTER



An incredibly generous gift supporting men's health

Fact: The difference between early diagnosis and late diagnosis can be life and death. If prostate cancer is diagnosed early 98% of men will live beyond 5 years, however if prostate cancer is detected late this reduces to only 50% of men living beyond 5 years.

Source: Prostate Cancer Foundation

Burnside Hospital recognises the needs of our ageing male community and in December 2017 we embarked on the expansion of our Urology services with the addition of three Urologists from two private practices, QE Specialist Centre's **Dr Mark Lloyd** and **Dr Dan Spernat** and Urology Health Adelaide's, **Dr Peter Penkoff**.

Growing our Urology service not only adds a valuable

specialty to the hospital and our community, but also enables the hospital to accommodate its growing cohort of male patients and support the needs of our male community at risk of developing prostate cancer.

In 2019, a very generous gift from the Lang Foundation enabled Burnside Hospital to purchase a new piece of diagnostic equipment called a transperineal grid which can help early detect the incidence of prostate cancer.

This generous gift of \$50,000 along with a significant

investment of \$100,000 from Burnside Hospital ensures male patients will have access to the latest diagnostic equipment providing men with the confidence that they are receiving the best in safe and contemporary care.

Urologists Contact Details:

Dr Mark Lloyd &

Dr Dan Spernat

QE Specialist Centre
qespecialistcentre.com.au

Dr Peter Penkoff

Urology Health Adelaide
urologyhealth.com.au

The statistics for men at risk of developing prostate cancer highlights the importance of this speciality.

ESTIMATED

3,306

deaths from prostate cancer in 2019.

ACCORDING TO canceraustralia.gov.au,

19,508

new prostate cancer cases are expected to be diagnosed in 2019.

Chances of surviving at least 5 years with prostate cancer: (2011 - 2015)

95%

PROSTATE CANCER IS ESTIMATED TO BECOME THE

second most commonly diagnosed cancer in 2019.

PROSTATE CANCER IS ESTIMATED TO REMAIN THE **most commonly** diagnosed cancer among males in 2019.

One in 5 men in Australia will develop prostate cancer in their lifetime.

Source: <https://prostate-cancer.canceraustralia.gov.au/statistics>

From the Desk of Mr John Gerard

Foundation Committee Chair



“On behalf of Burnside Hospital Foundation’s Committee Members, I would personally like to thank you for your ongoing commitment and support ensuring Burnside Hospital has the latest up to date technology to support patients in our community.”

As a not-for-profit community hospital your support is essential and enables Burnside Hospital to invest in the latest innovative technologies, to ensure that they continue

to provide safe, contemporary care to every patient every time.

In this edition, I will update you on some of the recent purchases your gifts have facilitated and share with you the importance of these

modern pieces of equipment and how they are having a positive impact on our patient’s care.

Working with my colleagues on the Foundation Committee I am forever grateful to them for their tireless efforts

in helping raise additional funds to support Burnside Hospital Foundation. Their commitment both financially and as volunteers is a credit to the generosity we see here at the Foundation.

On page 4 you will read about one of our long standing Foundation Committee Members, Bardie Penfold Simpson and her incredible generosity by donating all the proceeds from her memoir “I’m Glad I Did” to the Foundation. To date, Bardie’s generosity has raised in excess of \$23,000 for the Foundation.

Burnside Hospital’s new Ophthalmic Microscope

“Our donors are very generous and please thank them on my behalf. I look forward to using the new microscope.”

Dr Arthur Karagiannis, Ophthalmologist

As we age, many of us see a decline in our vision. You may be familiar with cataracts or know someone, be that a friend or family member who has been affected by cataracts. Cataracts affect the lens of the eye. Similar to the working of a camera lens the “eye lens” which lies behind the iris and the pupil focuses light onto the retina enabling us to see.

The eye lens is mostly made of water and proteins arranged so they let the light through so we can see clearly. But as we age, the protein may clump together and start to cloud a small area of the lens causing a cataract. The cataract may grow larger over time affecting our vision.

The good news is this “cloudy” lens can be replaced by an intraocular or artificial lens which restores clear vision.

Your support has helped Burnside Hospital purchase a state of the art Zeiss Calisto Eye microscope ensuring our Ophthalmic Surgeons have the latest in state of the art, innovative equipment safeguarding our patient’s quality of vision.

This sophisticated surgical microscope ensures high performance, so procedure

times are shorter. The microscope has the ability to film optical procedures, and the option for a live video which can be displayed in full screen for the operating team to easily follow the course of the surgery.

With over 700 lens procedures performed here in the last year, this valuable piece of equipment is fundamental in providing the latest and

most up to date care for our ophthalmic patients.

The microscope will replace the current older and less technologically advanced microscope. It will be used by visiting Ophthalmologists at Burnside Hospital, including Dr Edward Greenrod and Dr Arthur Karagiannis who were consulted on the preferred microscope to purchase.

Dr Edward Greenrod

Adelaide Eye Surgeons
adelaideeyesurgeons.com.au

Dr Arthur Karagiannis

Eastern Suburbs Eye Centre
sessa.com.au



Trent Batchelor – Clinical Manager, Perioperative Services, Valerie Linardis – Enrolled Nurse, Monica Kaye – Registered Nurse and Suzanne Murray – Director of Clinical Operations with the new Ophthalmic Microscope.

Local Grandparent's 11 grandchildren all born at Burnside Hospital



Left: Back, L to R: Harrison, Annie, Zayd, Alia, Charlotte and William. Middle: Steve and Mal. Front, L to R: Ella, Iman, Archie, Oscar, and Samuel.

This can be said of proud grandparents Mal and Helen Warrick whose 11 grandchildren have all been born at Burnside Hospital.

They vividly recall when two of their grandchildren, William and Charlotte, were born on consecutive days and the joy and emotion they felt when they came to meet both of them for the very first time.

The hospital often hears a lot of lovely feedback with regards to its excellence in maternity services, but Mal says its testament to the lovely team of midwives and staff, making it his families' hospital of choice when it came to bringing a new life into the world.

Having the latest up to date equipment is essential when running a busy Maternity Ward.

With over 900 babies born at Burnside Hospital in the last financial year, our Mums and Dads can come to

Burnside Hospital confident that they will receive the best care when bringing their newborn into this world.

Humpty Dumpty and our windfall

Our Foundation Manager, Martin Carolan never would have thought one day that he would be sitting at his computer typing Humpty Dumpty into his web browser. But when he was researching potential funding he came across the Humpty Dumpty Foundation, a children's charity who, for more than 28 years, has been purchasing essential and often life-saving medical equipment for sick and injured children in Paediatric Wards, Neonatal Units, Maternity and Emergency Departments in hospitals across Australia.

Martin, who worked closely with Burnside Hospital's Clinical Manager of the Maternity Service, Kim Parker-Gray and her team, came up with a "wish list" of items they would like to purchase for the hospital's Maternity Ward.

The Humpty Dumpty Foundation have generously donated the following pieces of equipment to Burnside Hospital Foundation to help give new babies the best start in life.

We would like to take this opportunity to thank the Humpty Dumpty Foundation and their supporters for their incredible support.



Intellivue MX 500 Monitor (top right) for monitoring young babies and neonates (an infant less than 4 weeks old).

RAD 7 Pulse Oximeter with Neonatal Sensor (bottom right) a non-invasive and painless test that measures a babies/neonates oxygen saturation level, or the oxygen levels in your blood.



We're glad she did

On Tuesday July 17th, Bardie Penfold Simpson shared some of her remarkable life stories with over 60 people at the City of Burnside's Library. Bardie, a keen writer and stalwart Foundation Committee Member put pen to paper to record her memoirs entitled "I'm glad I did". Bardie is also generously donating all proceeds from the sale of the book to the Foundation.

Burnside Hospital would like to thank the City of

Burnside for hosting this event as part of their Treasured Stories events.

To date sales of Bardie's book has raised over \$23,000 to support the Foundation. A big thank you from all at Burnside Hospital to Bardie for her heartfelt philanthropy.

The Book costs \$50 with 100% of the sale supporting Burnside Hospital Foundation.

If you would like to purchase a copy of Bardie's book, please drop by Café Otto on the ground floor of the hospital or contact Martin Carolan Foundation Manager on 08 8202 7248 or email mcarolan@burnsidehospital.asn.au



Above: Bardie Penfold Simpson

ABOUT THIS PUBLICATION

We would love to hear from you

To help us improve our newsletter we would love to hear your ideas and suggestions on items or articles you would like to see featured in our Foundation Newsletter. Maybe you have an interesting story to share with us. The Burnside Hospital Community is important to us and you are an important part of that community and we would love to hear from you.

Please send your ideas, feedback and suggestion or stories to:

Foundation Manager

Martin Carolan

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Chief Executive Officer

Heather Messenger

And there is more

Your generosity and that of all our supporters never ceases to amaze me.

Over the year we have been able to purchase the following items – all thanks to your support. Your gifts coupled with Burnside Hospital's commitment to re-investing back into our not-for-profit community builds upon the value of this incredibly important community asset now and for generations to come.

Thank you all for your support.

PIECES OF EQUIPMENT PURCHASED

Project	Department	Quantity required	Cost	Funding Amount Raised
Zeiss Calisto Eye Microscope	Theatres – Ophthalmology	1	\$200,000	\$150,000
Transperineal Grid	Theatres – Urology	1	\$200,000	\$50,000
Fluoroscanner	Theatres – Foot and Ankle Surgery	1	\$82,500	\$79,000
Intellivue MX 500 Monitor	Maternity	1	\$15,500	\$15,500
Accuvein Vein Viewer and Penguin Cold Caps	Oncology	1	\$10,100	\$10,100
Rad 5 Pulse Oximeter	Maternity	1	\$1,760	\$1,760
Total Funds allocated to Burnside Hospital projects				\$306,360

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